



Registrations Open JULY SCHOOL HOLIDAYS OT GROUPS

SCHOOL READINESS GROUP:

Age: 4-5 years old

Children starting school in 2027 or needing extra support to feel confident and ready

SOCIAL SKILLS GROUP:

Age: 5-7 years old

Children who need support with friendships, communication, or group participation

ARTS & CRAFT GROUP:

Age: Primary school aged children

A fun creative group where children's development explore painting, drawing, cutting and crafting while building important everyday skills

Swipe to learn more about our OT groups



To register your child's interest scan the QR code or click the link below!

For more information speak to our friendly reception team on: (02) 9543 4846



SCHOOL READINESS GROUP

Age: 4-5 years old

Time: 10:00am - 12:00pm

Date: Monday 6th July → Wednesday 8th July

"CHILDREN STARTING SCHOOL IN 2027 OR NEEDING EXTRA SUPPORT TO FEEL CONFIDENT AND READY"

Goals addressed include:

Social skills e.g. sharing and teamwork

Listening and following instructions

Getting ready for the school day (routines and independence)

Confidence with trying new tasks

Sitting, focusing, and joining in group activities

Early learning skills (pre-writing, cutting, drawing)

Managing big feelings and building calm bodies

Fine motor skills for classroom tasks

Communication skills (asking for help, joining in)

Spots are limited,
enrol now

Use the QR code or
link in bio to
register

SOCIAL SKILLS GROUP

Age: 5-7 years old

Time: 1:30pm - 3:00pm

Date: Monday 6th July → Wednesday 8th July

**"CHILDREN WHO NEED SUPPORT WITH FRIENDSHIPS, COMMUNICATION,
OR GROUP PARTICIPATION"**

Goals addressed include:

Recognising and expressing emotions

Taking turns and sharing

Listening and following group instructions

Coping with winning, losing, and change

Understanding personal space

Problem-solving with peers

Developing self-regulation and impulse control

Using polite words and simple conversation

Starting and joining play with others

Building confidence in group settings

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ARTS & CRAFT GROUP

Age: Primary School Children

Time: 9:00am - 11:00am

Date: Friday 10th July

"A FUN, CREATIVE GROUP WHERE CHILDREN EXPLORE PAINTING, DRAWING, CUTTING, AND MAKING WHILE BUILDING IMPORTANT EVERYDAY SKILLS"

Goals addressed include:

Build fine motor skills and hand strength

Strengthen problem-solving skills

Support emotional regulation through calming activities

Follow simple instructions/routines

Encourage creativity and self-expression

Improve coordination for cutting, drawing, and craft tasks

Practice sharing and working alongside others

Build confidence in trying new tasks

Develop focus and attention to complete activities

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